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RESEARCH ARTICLE

ROLE OF SMART MEDIUM SUPPLEMENTED WITH FOLLICULAR FLUID IN *IN VITRO* MATURATION FOR SHEEP IMMATURE OOCYTES RECOVERED FROM XENOTRANSPLANTED OVARIAN TISSUE CORTEX.

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Abstract

Background:- Ovarian tissue transplantation (OTT) is becoming an increasingly popular strategy for fertility preservation, the original indication was to restore fertility to young women who undergo chemotherapy or radiotherapy for cancer, and they face serious consequences to their reproductive health and severely affect the ovarian follicular store. However, there is an increasing public awareness of its availability as a potential fertility preservation strategy for those at risk.

Objective:- To assess *in vitro* maturation (IVM) for sheep oocytes recovered from immature follicles using SMART medium enriched with follicular fluid (FF) using xenotransplanted ovarian tissue cortex inside body of female mice injected with or without different hormonal stimulation protocols.

Material and Methods:- Seventy five healthy and mature female mice were anesthetized and a small slit was made in the abdomen and peritoneum from one side of the body, follicular fluid (FF) was aspirated from sheep ovarian follicles and small piece (2*2 mm in area and 1mm in thickness) of the sheep ovarian tissue (OT) were transplanted to the inner side of the peritonium with the abdominal wall, then female mice were classified into two groups. Group A: control. Group B: under hormonal programs. For stimulation follicular development intraperitoneal injection with PMSG 15 IU daily for 3 days, and PMSG 10 IU with HCG 10 IU in the fourth day, in the fifth day HCG 10 IU was given only. After 6 days, the sheep ovarian cortex was recovered from mice then oocytes were collected by slicing for *in vitro* maturation (IVM) and classified into three groups. Group 1: oocytes with SMART medium alone (control group). Group 2: oocytes with SMART medium enriched with 5% F.F. and lastly Group 3: oocytes with SMART medium supplied with 10% F.F. Follicular growth, quality of retrieved ova and histological changes for transplanted OT were assessed.

Results:- The results of this study demonstrated significant ($P < 0.05$) differences in the number of oocytes between group G2 as compared to group G1, as control group, ($p = 0.024$) in group A, Furthermore,

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group G3 revealed highly significant differences ($p < 0.001$) were assessed among each two groups of the present study.

In group B, the numbers of retrieved ova have significant differences for the group G2 and group G1, as control group, in the present study where ($p = 0.036$), ($p = 0.048$) respectively, when compared to groups G3 with group G1. A high significant between group G2 comparing G3 ($P < 0.001$) was noticed.

Conclusions:- From results of the present study it was concluded that an *in vitro* maturation for sheep oocytes is possible from xenotransplanted ovarian cortex tissue within mouse peritonium. Further histobiochemical studies are recommended to investigate role of apoptosis in the production of sheep oocytes recovered from xenotransplanted ovarian cortex.

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Introduction:-

The number of primordial follicles in the ovarian tissue is an important determinant for the length of the ovarian lifespan, and therefore the fertility of an individual. This tissue contains all of the oocytes potentially available for fertilization throughout the fertile lifespan of female ⁽¹⁾.

The ovarian cortex has thousands of primordial follicles, which can survive viable even several hours after ovariectomy ⁽²⁾. These follicles were recovered successfully for future xenotransplantation, ⁽³⁾ or *in vitro* culture to obtain mature oocytes potentially fertile. Thus, the whole ovary, isolated cortical tissue and ovarian follicles may be used to protect gametes of the female ⁽⁴⁾ who suffering from malignant diseases and have no option of utilizing assisted reproductive technologies (ART) to preserve their fertility ⁽⁵⁾.

When the recipient and the donor are from the same species, but not genetically identical, the transplant is called allotransplantation, while transplantation between different species is called xenotransplantation ⁽⁶⁾. In both cases, the graft is subject to the risk of rejection by the recipient's immune system. Many attempts have been made to avoid rejection in allo- and xenograft mammalian animal models, human organ and tissue transplantation ⁽⁷⁾.

The full potential of this tissue to restore fertility could be achieved by the development of *in vitro* systems that support oocyte development from the most immature stages to maturation. The techniques of *in vitro* maturation (IVM) are being developed in human ⁽⁸⁾. Generally IVM refers to the maturation of immature oocytes in culture after their recovery from small antral follicles at the stage prior to selection and dominance. It has been proposed as an alternative to conventional *in vitro* fertilization (IVF), since it reduces the primary adverse effects caused by controlled ovarian stimulation ⁽⁹⁾. Moreover, there is no universal or consensus protocol for optimal timing of oocyte collection in IVM cycles. However, the pregnancy rate following IVM is suboptimal compared with that of conventional IVF. Therefore, more studies are needed in order to identify factors that predispose these IVM cycles to success or failure ⁽¹⁰⁾. Therefore the aim of this study was to demonstrate role of SMART medium in *in vitro* maturation (IVM) for sheep immature oocytes from ovarian tissue transplanted in the presence or absence of stimulation hormones.

Material and Methods:-

Animals(sheep and mice):-

This study was performed using sheep ovaries of randomly ewes which were slaughtered in AL-Shualla local abattoir and carried out within 1 hour to the laboratory of the High Institute for Infertility Diagnosis and Assisted Reproductive Technologies, AL-Nahrain University, during the period from September 2015 to April 2016. Sheep ovaries were chosen as model due to their anatomic and physiological similarities of their ovaries comparing to those of human, moreover folliculogenesis is also relatively similar in both species ⁽¹¹⁾.

The female mice were given from Animal House unit in High Institute for Infertility Diagnosis and Assisted Reproductive Technologies. Isolated female mice should be as healthy, mature and not pregnant. The mice were

chosen because the mouse is an ideal model organism for human study, not only mice physiologically is similar to humans, but also it has specific characteristics that resemble to human⁽¹²⁾.

Collection of sheep ovaries:-

The sheep ovaries were collected from local abattoir (AL-Shullah) at Baghdad.

Both ovaries were collected from each animal immediately after slaughtering and placed into glass container contained normal saline solution (0.85% NaCl) supplemented with antibiotics (100IU/ml penicillin, 100µg/ml streptomycin and 100µg/ml metronidazole), and placed it into thermos at 30-35°C. Ovaries were transported to the laboratory at of High Institute for Infertility Diagnosis and Assisted Reproductive Technologies, within less than 1 hour. In the laboratory, ovaries were washed three times with warmed (30°C) normal saline solution (0.85% NaCl) supplemented with antibiotics (100IU/ml penicillin and 100µg/ml streptomycin). This process to remove the blood clotting and the reducing contamination on the ovarian surfaces⁽¹³⁾.

Aspiration and Preparation of follicular fluid:-

Aspirated of follicular fluid (FF) from the visible ovarian antral follicles on the ovarian surface using disposable syringe containing SMART medium 0.5ml and heparin 0.01, and then transferred to the test tube to centrifuge at 2600rpm/8 min. at 15°C. Aspirated upper layer of FF and put it in water bath at 56°C for 30min.then freezing it at -20°C until use.

Preparation of ovarian cortex fragments:-

Each ovary was split into two halves, and then cortex and medulla were separated with a scalpel blade. The cortex of each ovary was further sectioned into small fragment (2*2 mm in area and 1mm in thickness)⁽¹⁴⁾.Then transferred into Petri dish containing 0.5mL of SMART medium to xenotransplantation and other fragments transferred to test tube containing 10% formaldehyde to histological preparation⁽¹⁵⁾.

Xenotransplantation of ovarian cortex:-

For the xenotransplantation, female mice were anesthetized using inhaled Ether and a small slit was made in the abdomen and peritoneum from one side of the body, the sheep ovarian cortex fragments were transplanted to the inner side of the peritoneum with the abdominal wall and closed by 1 or 2 stiches⁽¹⁶⁾.

For immunological inhibition, every mouse was administered orally Prisolone (Prednisolone) (0.178µg) daily. For stimulation follicular development intraperitoneally injection with 15 IU PMSG daily for 3 days, and 10 IU PMSG with 10 IU HCG in the fourth day, in the fifth day 10 IU HCG was given only. After 6 day, the sheep ovarian cortex was taken out from mice and washed three times in SMART medium, then oocytes were collected by slicing ovarian cortex fragment, another sheep ovarian cortex was taken out from mice to histological examination.

Ovulation Induction Programs (OIP):-

- Group A: control (female mice without any medication).
- GroupB: hormonal programs (female mice under hormonal stimulation protocols).

Day1: FSH 15 IU. Day2: FSH 15 IU. Day3: FSH 15 IU. Day4: FSH 10 IU + HCG 10 IU. Day5: HCG 10 IU.

For IVM group, oocytes classified into three groups:

Group 1: oocytes with SMART medium alone (control group).

Group 2: oocytes with SMART medium enriched with 5% F.F

Group 3: oocytes with SMART medium enriched with 10% F.F

Assessment of ova morphology after IVM:-

Oocytes were washed three times in SMART medium containing 20% HSA, then, about 5-10 oocytes per droplet (1ml) from culture SMART medium supplied with HCG (5 IU/ml), PMSG (10 IU/ml) and Estradiol (1µg). Each 5-10 oocytes per droplet (1ml) was supplied with 5% F.F and another with 10% F.F, then cultured within four well Petri dish and covered their by liquid paraffin and incubated for about 24hr in CO₂ incubator (5% CO₂) at 38.5°C with high humidity (95%)⁽¹⁷⁾. Then examine under an inverted-phase microscope to assessment of ova morphology. The percentage of IVM was recorded by based onthe following equation: IVM% = mature oocytes / cultured oocytes * 100

Histological preparation:-

The preparation of histological sections of ovarian tissue depends on the standards methods of Allen and Cameron (2004)⁽¹⁸⁾.The histological parameters were carried out using Images J. software.

Statistical analysis:-

The data were statistically analyzed using statistical computerized package (SPSSversion-21) by application the number and percentage of Chi-square analysis test, a *p* value of < 0.05 was considered statistically significant.Histological parameters were analyzed using complete randomized design (CRD) (one way ANOVA)⁽¹⁹⁾.

Results:-**Effect of xenotransplantation techniques on number of retrieved oocytes of control group:-**

The results of this study demonstrated significant (*P*<0.05) differences in the number of oocytes between group G2 as compared to group G1, as control group, (*p* = 0.024) (Table1). From the same table, group G3 revealed highly significant differences(*p*< 0.001) were assessed among each two groups (G1 and G2) of the present study. The highly percentage of mature oocytes were in group G2 (culture media enriched with 5% FF), with lower percentage of atretic oocytes in same group.

Table 1:- Effect of xenotransplantation on the percentage of retrieved oocytes of control group.

Xenotransplantation G A Control group	Oocyte Recovery						<i>p</i> -value
	Immature	Mature	Atretic	Total			
G1CM group	13	34.2	9	23.7	16	42.1	38
G2	7	17.9	19	48.7	13	33.3	39
CM enriched with 5% FF							0.024*
G3	16	39.1	6	14.6	19	46.3	41
CM enrichedwith 10% FF							<0.001**
							<0.001**

*Chi –square test at 0.05 the level of significance; # CM culture media

*G1&G2: *P*=0.024 Significant; **G1&G3 *P*<0.001 highly significant; **G2&G3 *P*<0.001 Highly significant

Effect of xenotransplantation techniques on number of retrieved oocytes of hormonal stimulated group:-

The results of ova retrieval and classification related to hormonal stimulated groups were presented in the table (2). The numbers of retrieved ova have significant differences for the group G2 and group G1, as control group, in the present study where (*p* = 0.036), (*p* = 0.048) respectively, when compared to groups G3 with group G1. A high significant between group G2 comparing G3 (*P*<0.001) was noticed.The highly percentage of mature oocytes were in group G2 (culture media supplied with 5% FF).

Table 2:- Effect of xenotransplantation on the percentage of retrieved oocytes of hormonal stimulated group.

Xenotransplantation G B Hormonal stimulated group	Oocyte Recovery						<i>P</i> -value	
	Immature		Mature		Atretic			
G1	8	19.1	20	47.6	14	33.3	42	
CM group							-	
G2	10	22.2	28	62.2	7	15.6	45	
CM enriched with 5% FF							0.036*	
G3	14	30.4	17	32.6	15	36.6	46	
CM enrichedwith 10% FF							0.048*	
							<0.001**	

*G1&G2: *P*=0.036 Significant; *G1& G3: *P*= 0.048 Significant; **G2&G3 *P*<0.001 Highly significant

Discussion:-

The human ovarian grafts contained large numbers of germ cells about 11,000 primordial follicles, an amount that could provide oocytes for a year⁽²⁰⁾. This study aimed to improve a successful follicular development after ovarian tissue transplantation (OTT) intraperitoneally in mice. Ovarian transplantation appears to be simple and novel technique to preserve endocrine function in women who undergoing sterilizing cancer therapy or surgery⁽²¹⁾.

Results of the present work appeared that the number of antral follicles is too little, in G3 which may be as a result of environmental and side effects on transplanted ovarian tissue (OT). The optimal number of retrieved oocytes depends on the ovarian stimulation regimen⁽²²⁾. However, age and season both significantly affect the response of oocyte developmental competence to FSH stimulation⁽²³⁾. A number of parameters were also significantly affected by donor age. In fact the total number of follicles decreased with age⁽²⁴⁾.

Significant ($P<0.05$) differences in the number of atretic ova was assessed among three groups of this study. This result may be partially due to technical method for ovarian tissue recovery and/or retrieval of oocytes⁽²⁰⁾, so as the transplant site might itself influence follicle recruitment and atresia. The reduction in the number of ovarian follicles may be as a result of follicular atresia due to ischemia and apoptosis of primordial and primary follicles⁽²⁵⁾. The ischemic insult of the ovarian tissues is associated with comparable alterations in special molecules is still unknown⁽²⁶⁾. Warm ischemia time was very long (more than 3 h) and it is well known clinical transplant surgery that these long warm periods induced ischemic significant damage to organs and blood vessels⁽²⁷⁾. It was known that atretic follicles may reflect the pre-existing atretic changes instead of the effect of (OTT)⁽²⁸⁾. Also, it was certified that an important technical limitation of cortical grafting, whether orthotopic or heterotopic, is the potential for follicle atresia during the period of ischemia⁽²⁹⁾. Furthermore, presence of atretic and/or abnormal oocytes, in the present study, may be reflecting wide range of fluctuation of gonadotropins and/or inadequate exposure to gonadotropins which led to abnormal follicular development and subsequently produce abnormal and atretic oocytes. This result is in agreement with results of several investigators⁽³⁰⁾.

Follicular fluid (FF) provides a very important microenvironment for the development of oocytes. It is reasonable to think that some biochemical characteristics of the FF surrounding the oocyte may play a critical role in determining oocyte quality and the subsequent potential to achieve fertilization and embryo development⁽³¹⁾.

Results of current work improved that the levels of hCG hormone, FSH and LH are well recognized as the physiologic stimulants of oocyte maturation during the final stages of pre-ovulatory development. Numerous studies in a variety of mammalian species suggest that there are certain hormonal requirements during the *in vitro* maturation (IVM) of mammalian oocytes, which are significant for fertilization and developmental competence⁽³²⁾.

Therefore, from results of the present study it was concluded that an *in vitro* maturation for sheep oocytes is possible from xenotransplanted ovarian cortex tissue within mouse peritonium. Further histobiochemical studies are recommended to investigate role of apoptosis in the production of sheep oocytes recovered from xenotransplanted ovarian cortex.

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